

*First event in the 2021 RSO Race Season!*

**Saturday, April 24, 2021**

*Grand River Brewery | Jackson, MI*

**Start Time – 9:00 AM**



[runsignup.com/Race/MI/Jackson/FSCA5K](https://runsignup.com/Race/MI/Jackson/FSCA5K)



**Entry Fees** (All fees non-refundable)

\$25 – Individual 5K Run/Walk

\$20 – Individual 5K Run/Walk with Early Registration

**Awards for Run & Walk**

- Overall male and female winners
- Top three male and female finishers in each age group
- Family Division - Top three families in both events.  
Two or more family members must compete in same event (Run or Walk) to qualify. The two fastest times of all family members participating will be averaged to determine winner. Please check the Family Division box on the registration form below to enter.

**Packet Pick-Up & Late Registration**

Packet pick-up Friday, April 23, 2021 from 9:00 am - 3:00 pm at Family Service & Children's Aid (306 W Michigan Ave, Jackson) and on race day from 8:00 am – 8:50 am.

***Thank you to our sponsors!***

You can also sponsor this event by contacting Kellie at [kelliehorner91@gmail.com](mailto:kelliehorner91@gmail.com) or 517-206-5775.



**REGISTRATION FORM**

**Please mail this completed registration form and payment to:**

Family Service & Children's Aid | C/O Teresa Proctor | P.O. Box 6128 | Jackson, MI 49204

**Participant Information:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell Phone: ( ) \_\_\_\_\_

Email: \_\_\_\_\_

I want to be contacted by FSCA regarding event updates:

By Text:  Yes  No

By Email:  Yes  No

Age on Race Day: \_\_\_\_\_ DOB: \_\_\_\_\_

Projected Finish Time: \_\_\_\_\_

**Category:**

(Check One)  Male  Female

(Check One)  5K Run  5K Walk

Family Division

Each family member must participate in the same event (i.e. Run or Walk). Each family member must fill out a separate registration form and the forms must be submitted together. List names of other participating family members here:

\_\_\_\_\_  
\_\_\_\_\_

**T-Shirts:**

**We cannot guarantee a t-shirt to anyone registering after April 3.**

Preferred T-Shirt Size (Check One):

Adult:  S  M  L  XL  XXL

Child:  S  M  L

**Entry Fees Included with this Registration:**

\$25 – Individual Run/Walk

\$20 – Individual Run/Walk Early Registration  
(must be postmarked on or before April 3, 2021)

*Please make checks payable to Family Service & Children's Aid.*

**Required Adult Waiver:**

In consideration of accepting my entry as a voluntary participant in the 2021 FSCA 5K Run for Fun (hereafter "the Event"), I, the undersigned, in intending to be legally bound, do hereby for myself (and my family, my heirs, my executors, and my assignees) forever waive and release any and all claims for damages, financial or otherwise, that I may have against the following: the sponsors of the Event; the race director and all race officials for the Event; Family Service & Children's Aid and its board members, volunteers and employees; the City of Jackson and any of its departments or employees; the County of Jackson and any of its departments or employees; Orthopaedic Rehab Specialists, P.C.; Jackson County Visitors Bureau and/or Experience Jackson; JTV; Grand River Brewery; and any and all other persons or entities associated with the Event, for any and all injuries suffered by me during the Event or arising from the Event. Those injuries include, but are not limited to, any illness or injury associated with COVID-19. I attest that I will voluntarily decline to participate in the Event if I develop symptoms known by the CDC to be associated with COVID-19 (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea), or I test positive for COVID-19, within the ten (10) days immediately before the date of the Event. I understand and agree that my voluntary withdrawal from the Event for any reason will not allow me to request a refund or a deferral to the Event at a future date. I attest that I am physically fit and have adequately prepared for the Event.

Signature

Date

**Minor/Child Waiver (required for all entrants under 18):**

As a parent or guardian of the above named minor, I hereby certify that I have read all of the above document, that I give my permission for my child to participate in this event, and that I agree on behalf of myself and my child/ward to the terms of the document.

Signature of Parent/Guardian

Date



**Runner's Recovery Breakfast**

Grand River Brewery is offering FSCA 5K participants a discount on their Runner's Recovery Breakfast Plate (bacon, scrambled eggs, home fries, and sourdough toast). To secure your spot at the post-event breakfast you can register in advance by letting us know how many people will be joining us at GRB after the event. You can either pay in advance (event participants pay \$10 if paying with their race registration postmarked no later than April 3, 2021) or pay at the door (no discount). This is a first-come first-served event and participants that do not pre-register are not guaranteed to be seated.

I will be participating in the post-event breakfast at Grand River Brewery and I will have \_\_\_\_\_ guests with me. I want to pre-pay for myself (\$10) and my guests (\$12/each). I have enclosed an additional \$\_\_\_\_\_ to pre-pay for the Runner's Recovery Breakfast Plate.

I am planning to attend the post-event breakfast and expect to bring \_\_\_\_\_ guests with me, but I do not want to pay in advance. I understand I will not get the pre-paid discount and I understand the post-event breakfast at Grand River Brewery is a first-come, first-served event and there is no guarantee I will be seated.