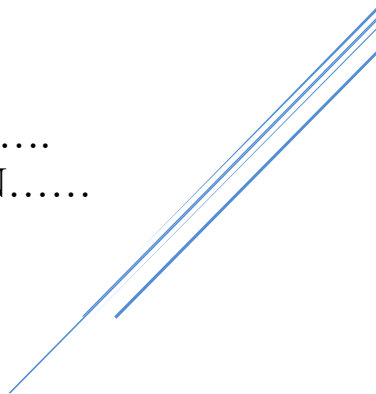

FAMILY SERVICE & CHILDREN'S AID
2022 Annual Report



LET IT BEGIN WITH
US.....

UP UNTIL NOW....
FROM HERE ON.....



**BUILDING
STRONG
FAMILIES.
BUILDING
STRONG
COMMUNITIES**

Family Service &
Children's Aid is a
Trauma Informed
agency that is
recognized for its
excellence in services
and compassion for the
individuals and families
in the Jackson



FAMILY SERVICE & CHILDREN'S AID

Dear Family and Community:

Stabilization was the focus for 2022! As FSCA continued to learn from the past two years of the pandemic, it became clear that we had to continue to learn new ways of staff recruitment and retention, and client engagement. With over 50% therapist vacancies throughout our State, FSCA has struggled to recruit master level clinicians. Learning new ways of providing services has been essential to reach our clients with the staffing available. With the pandemic in our rearview mirror, we are looking forward to a promising future. Several new enhancements to existing programs were started. A new contract with the State of Michigan helped us to start a school-based counseling service at Northwest High School. In addition, a grant from the Michigan Health Endowment Fund will be funding the development of a new system for guardian services in Jackson County. I am proud to report that we were able to provide our services to over 5,043 clients and students for the Jackson Community. Given the volume of clients served, I consistently remain in awe of our staff and their willingness to do whatever it takes to get the services to our children, adults, and families. Some of the highlights of 2022 included:

- *Heading the trauma initiative work, FSCA provided crucial trainings on Adverse Childhood Experiences (ACES), and trauma integration in the schools and community to over 9,000 individuals.*
- *FSCA received a two-year grant from the Michigan Health Endowment Fund to create a system for Guardian Services in Jackson County. The new Jackson County Wraparound Program will start in the spring of 2023.*
- *The Expanding, Enhancing Emotional Health Program for school-based counseling services was launched with Northwest High School.*
- *FSCA has continued to build counseling and supportive services to both students and staff at Jackson College.*
- *Partnered with Community Action Agency for youth diversion services and Catholic Charities for behavior health services.*
- *In its second year, FSCA has continued addressing systemic racism through their Diversity, Equity, and Inclusion Committee.*
- *Co-lead the Black Life Experiences Project to create an experiential training to address systemic racism in the Jackson Community.*
- *Hosted a successful 20th Annual Run for Fun on April 30, 2022.*
- *Held our 2nd Annual Bingo and Brew and it was a big hit.*
- *Hosted a successful 5th Annual Cash Bash on February 19, 2022.*
- *Received a financial audit with no findings for 6 years consecutively.*
- *Secured grants and support from the Michigan Health Endowment fund, Mid-State Health Network, Children's Trust Fund, the Department of Health and Human Services, Jackson Community Foundation, Flagstar, Great Start Collaborative, Eaton Foundation, Higby/Camp Foundation, United Way of Jackson County, John George Student Loan Trust, Jackson Medical Care Facility, Countryside Medical.*

I continue to be touched by the support from our community especially the last two years. We couldn't have done any of it without you!

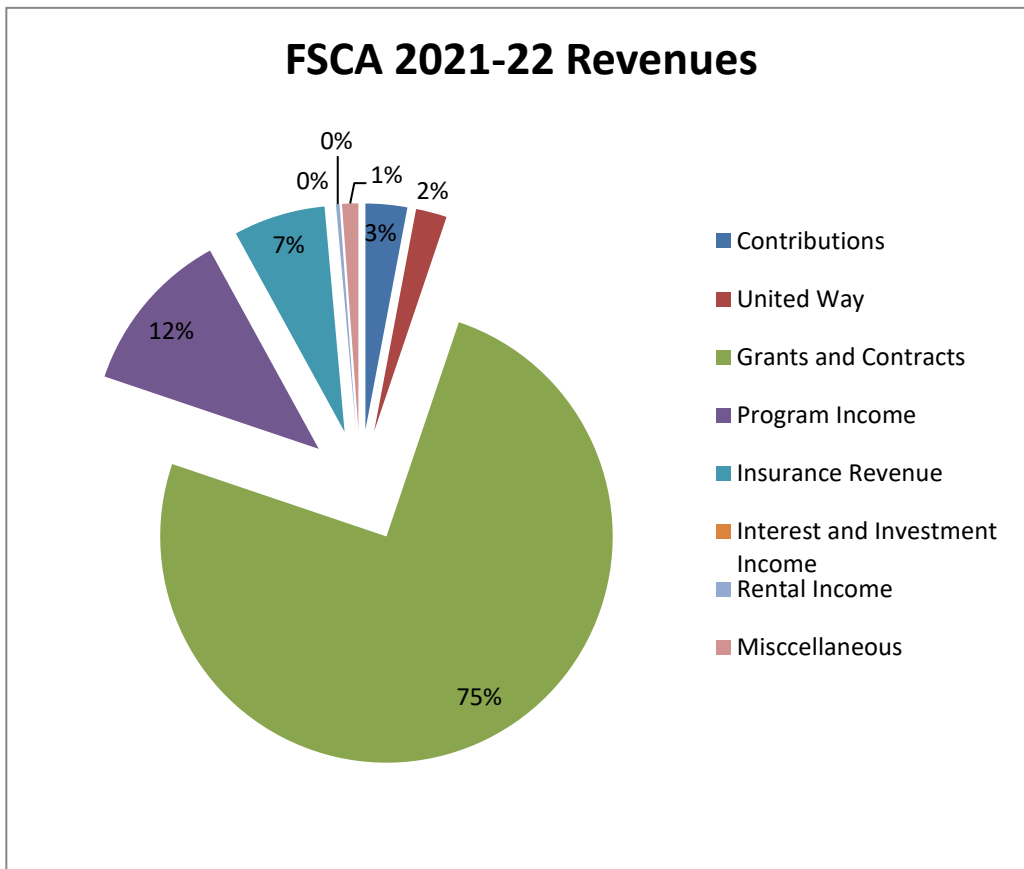
Thank you,

Dr. Bob Powell

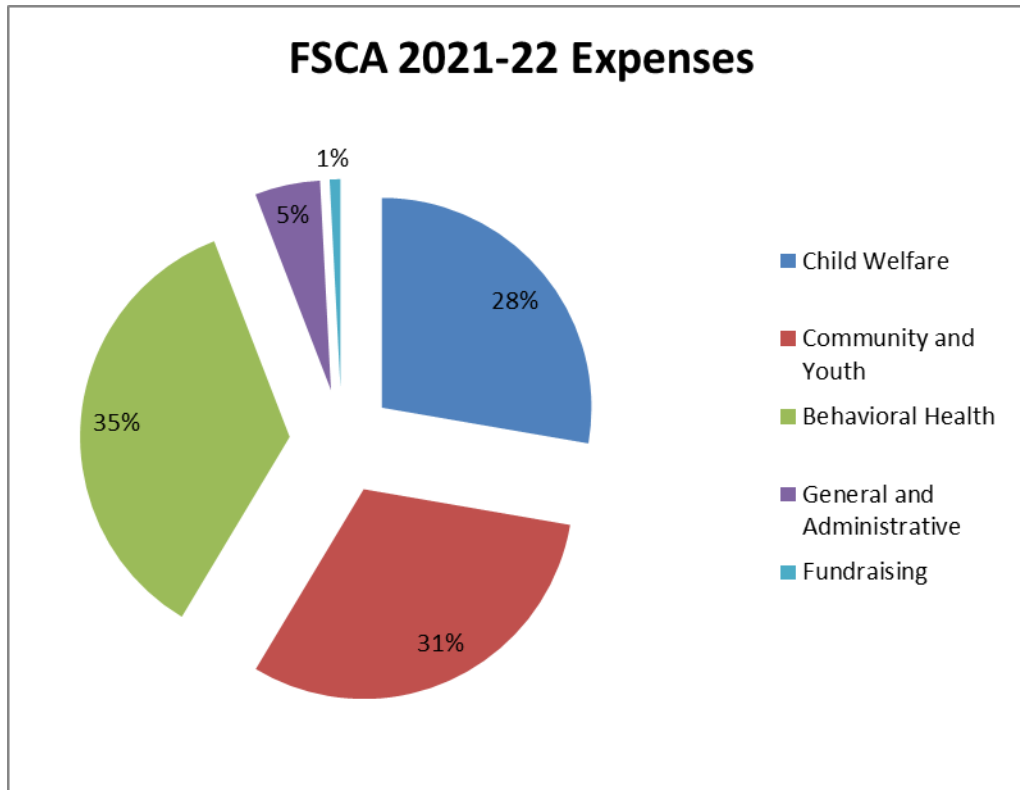
Chief Executive Officer

Financial Summary

Revenues	<u>TOTAL AMOUNT</u>	<u>% OF TOTAL</u>
Contributions	\$ 90,195	2.97%
United Way	\$67,170	2.21%
Grants and Contracts	\$2,274,874	75.00%
Program Income	\$358,894	11.83%
Insurance Revenue	\$199,198	6.57%
Interest and Investment Income	\$ -	0.00%
Rental Income	\$7,800	0.26%
Miscellaneous	\$35,102	1.16%
TOTAL	\$3,033,233	100%



Expenses	<u>TOTAL AMOUNT</u>	<u>% OF TOTAL</u>
Child Welfare	\$958,927	27.73%
Community and Youth	\$1,068,094	30.88%
Behavioral Health	\$1,228,420	35.52%
General and Administrative	\$174,391	5.04%
Fundraising	<u>\$28,621</u>	<u>0.83%</u>
TOTAL	\$3,458,453	100%



2022 Programs and Services

BEHAVIORAL HEALTH

Behavioral Health (Mental Health, Substance Use, Trauma, ERN)

FSCA's Behavioral Health program is a nationally accredited comprehensive program designed to improve emotional health by alleviating personal and interpersonal problems that create distress or impair functioning in the family and with individuals. It specializes in employee support & resources, school-based services, trauma, mental health disorders, and substance use treatment for children & youth, adults, couples and families. The substance use treatment services also provide two specialty services, Enhanced Women's and Women's Specialty, providing intensive, gender specific treatment to help mothers and fathers who are the primary caregiver be successful in their recovery.

Number of Clients Served: 760

Outcomes and Highlights:

- 100% of the 760 mental health and substance abuse clients served received at least one community referral to a needed resource.
- 100% of clients with planned discharges demonstrated significant improvement in PHQ scores at discharge, demonstrating a reduction in reported depressive symptoms.
- 100% of adult and children clients at FSCA complete the ACES or CTAC trauma screener and were provided with education regarding the impacts of trauma.
- 85% of the clients receiving substance use treatment successfully completed treatment.
- Behavioral Health Department successfully passed all audits by our various funders during this year.

BREAKOUT PROGRAM

Breakout Drug Education

Eight-day, classroom-based drug education program for middle and high school. Program topics are divided into two parts; 1) Drug Education - the health risks of vaping, smoking, marijuana use, alcohol, and opioids, 2) Health Risks – healthy problem-solving, peer refusal techniques, communication, how to avoid peer pressure, and the economics of drug use.

Number of Students Served: Breakout instructors provided 870 classroom presentations for 2,554 students (172 – 6th grade / 1,233 – 7th & 8th grade / 1,149 – 9th grade)

Outcomes and Highlights:

Breakout continued to provide services with two instructors. We did apply for and received funding because of Covid but have been unable to hire a full-time instructor for unit one. Having planned for a school year with only two instructors, staff reached out to the 6th grade schools with resource videos that could be used in the classroom. There were a few small schools that staff were able to squeeze into their schedule for a live presentation.

We continue to search for other funding sources to cover 6th grade instruction.

CHILD WELFARE (FOSTER CARE AND ADOPTION)

Child Welfare (Foster Care and Adoption)

Our Foster Care Program recruits, screens and trains parents prior to matching them with children. We provide temporary placement for children who have been removed from their homes by the Courts due to parental abuse or neglect.

Our Adoption Program provides a range of adoption services for children, including home studies, adoption preparation, placement, court, and post-placement services.

Number of Children Served: Foster Care 40
Adoption 18
Licensed 7 foster homes.

Outcomes and Highlights:

We had a stellar year in adoption and was able to complete adoptions for 18 youth including two teens. We returned 7 children successfully to their parents. All of the children in our care were safe in their foster homes and none of our foster homes were investigated for safety concerns. The children in our foster care program received timely medical, dental care, and mental health care except when the service was unavailable in our community.

JACKSON COUNTY GUARDIAN SERVICES

FSCA's Jackson County Guardian Program

Jackson County Guardian Services - Services for adults who are unable to protect their own interests and are, therefore, vulnerable to exploitation, neglect, or injury.

Number of Clients Served: January 2022 Total 244
Discharged - 23
Gained - 6
December 2022 Total 227

Outcomes and Highlights:

2022 was a year of transition. Our long-standing Guardian Director, Marcia Smith retired in July. With much effort we were able to maintain full staffing for the last half of the year. Service staff have all become nationally certified. The office has been re-organized for efficiency. All outstanding cases have been closed. We are entering 2023 with a very promising outlook due to DHHS legislation for service fees and a grant from the Michigan Health Endowment Fund to restructure the Guardian system in Jackson County.

JUMP

The JUMP Program

The JUMP Program is a multi-faceted program serving school-aged adolescents between kindergarten-12th grade and their parent/guardian. Clients enter the program through multiple sources; 1. first time offending youth with minor offenses (such as shop lifting, possession of a controlled substance, truancy, assault, etc.) are referred to the program by Jackson County Circuit Court, Family division for diversion services, 2. Youth facing school suspension for controlled substance use or school attendance concerns and/or behavioral concerns are referred to the program by Jackson area schools, 3. Jackson County juvenile probation can also make referrals for students struggling with substance use or other behavioral concerns.

Number of Youth Served: JUMP served 211 students during this reporting period.

Of these clients, 80% of clients completed successfully, with the remaining 20% not completing or did not respond to JUMP staff after initial referral.

Outcomes and Highlights:

Throughout this past year, JUMP has been able to provide on-site services in multiple school districts including Northwest High School, Northwest Connect (alternative education), and Jackson High School. Starting in January 2023, JUMP will also be providing services at Napoleon Middle School and is also working towards being in more school districts as JUMP program staffing increases. At these locations, JUMP staff are facilitating life-skills groups with evidence-based models and curriculums.

TRAUMA SUPPORT NETWORK

Family Service and Children's Aid (FSCA) continues to lead the Trauma Support Network in supporting efforts to create a more resilient Jackson. Dr. Bob Powell, CEO, and Zoe Lyons, Director of Jackson Counties Department of Health and Human Services, continued their Adverse Childhood Experiences (ACES) trainings to the community. Although a few ACES Trainings were offered in person, the vast majority of them remained virtual. Since beginning the ACES Initiative, over 9,200 individuals have participated in 241 trainings.

Number of Training Participants: This year 994 individuals attended 32 ACES trainings.

Outcomes and Highlights:

- ACES Trainings were provided to: JaxNaz, Jackson County Intermediate School District "Day of Discovery, Michigan Federation of Children and Families HR Conference on Secondhand Trauma, Region II Area on Aging, Comprehensive Speech and Henry Ford Allegiance Health, Families Senior Management Conference on Secondhand Trauma, and Community ACES trainings.
- Henry Ford Allegiance Health contracted to provide ACES to all of their new employees.
- The Black Life Experiences Project is near completion and will be launched in the summer of

2023. This effort has developed trainings for different sectors of our community (i.e. police, schools, health care, DHHS, government, human services, etc.) with real life experiences of racism. The trainings will assist participants in increasing awareness levels of racism for individuals and organizations and assist in developing action steps to address systemic racism.

PARENTING EDUCATION

Parent Education

The Parent Education department consists of two programs designed to provide support, assist parents/caregivers in gaining new skills/techniques and information to positively impact children in their care and create stronger family bonds. The two programs are the weekly group parenting classes, offered twice a week on a rotating schedule so parents may join at any time following an Information Gathering session, and the In-Home Parent Education program which provides parents with individual sessions to target the specific needs of each family who participates. Both programs use the *Nurturing Parenting* model which focuses on family strengths and resilience. We also offer workshops which can be tailored to provide information for specific audiences, and a Father Support Group offered twice a month to any father in the community looking for parenting information and peer support.

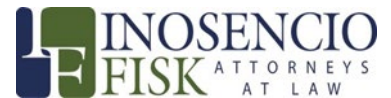
Number of Parents Served: During 2022 the Parent Education department provided services to 215 parents/caregivers.

Outcomes and Highlights:

Participants in the programs achieved 100% increase in their parenting knowledge and increased knowledge in available services/resources. Last year we partnered with JCISD to provide workshops for parents/caregivers of young children on specific parenting topics from January to July. The workshops were well received with positive feedback from participants.

Thank You

FOR ALL YOUR SUPPORT



Thank you to our generous sponsors!

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Donita Baker

Second Vice President

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Shari Walicki

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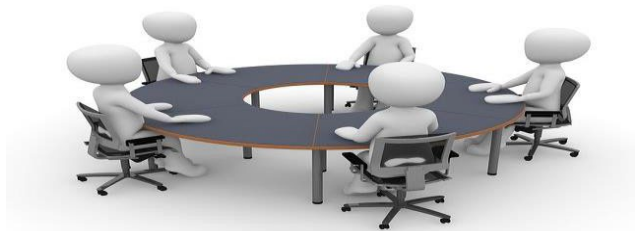
Sean Palmer

Chad Perrine

Marla Sanford

Harold "Jock" White

Ave Veneklasen





2022 FSCA EMPLOYEES

20 years of service or more:

Teresa Proctor

10 to 14 years of service

Stacy Chamberlain

Jennifer Grant

Stasia Milligan

Seana Watson

Angela Williams

5 to 9 years of service

Nicole Marchese

Kim Brown

Kayla Chenevare

Angela Crittenden

Miranda Crittenden

Shannon Douglas

Corey Duncan

15 to 19 years of service:

Shelly Milligan

Robert Powell

Marcia Smith-

Murphy

Debra Pugh

Gerrie Roeser

Sarah Sabin

Jamie Schleede

Jennifer Samon

Scott Teske

0 to 4 years of service:

Kyaria Arrington

Katie Backus

Robert Best

Meredith Bosowski

Alexandra Brankovich-

Esham

Meagan Burns

Nicole Cavender

Courtney Clark

Melinda Cooper

Cindy Cram

Amber Dobberstein

Kaitlyn Grier

Shawn Hartley

Hope Hernandez

Lucas Herrera

Katherine Hiatt

Sayde Hinckley

Jannah Holder

Shanell Howell

Sydney Kay

Riley Kidd

Mirnada Kinstle

Maria Klockner

Rachel Kosnik

Carly Lippert

Kalynn Marshall

Crystal McFall

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Morgan Minix

Mariah Morgan

Melissa Myers

Kelli Papiersky

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Stefanie Pinson

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Mikayla Reincke

G. Doug Rickman

Kenja Riley

Jessica Saldana

Alex Sanders

Brooke Sparks

Jessi Taylor

Elizabeth Tennant

Sydney Vernier-Fink

Emily Vogel

Taylor Wells

Leann Wicht

Bethsemame Williams

Kylie Young